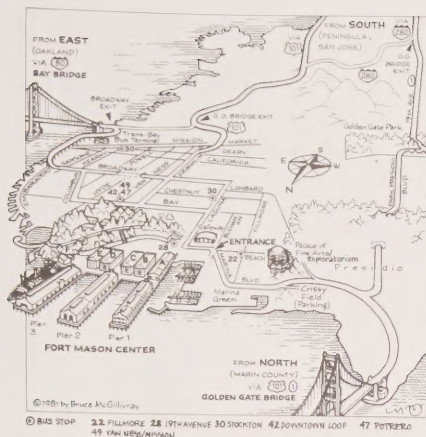




DIRECTIONS

East Bay-Bay Bridge to Main & Embarcadero Exit; right onto Harrison to Embarcadero & turn left; Embarcadero (1.5 miles) to Bay & turn left; Bay to Buchanan & turn right. Cross Marina Blvd. & sharp right into Fort Mason Center.

Peninsula- US 101 North to 9th St. Exit; 9th to Hayes & turn left; Hayes to Franklin & turn right; Franklin to Bay & turn left; Bay to Buchanan & turn right. Cross Marina Blvd. & sharp right into Fort Mason Center.

TRANSPORTATION NUMBERS

East Bay-BART (Bay Area Rapid Transit) 788-2278

North Bay-Golden Gate Transit 457-3110

Peninsula-SamTrans 761-7000

San Francisco-Municipal Railway 673-6864.

INFORMATION LINE

Call 441-5705, Fort Mason Center's 24-hour information line, for a recorded message of current week's activities and events.

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FORT MASON
CENTER

15th ANNIVERSARY

Fort Mason Foundation
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San Francisco, CA 94123-1382

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1977 • Fifteen years as America's premier urban National Park • 1992

OCTOBER 1992



The San Francisco Fall Antiques
Show October 28 - November 1.

AUDUBON ANNIVERSARY

The Golden Gate Audubon Society celebrates its 75th Anniversary on Sunday, October 4, in the Conference Center at Fort Mason. The organization was born on January 15, 1917, as The Audubon Association of the Pacific. From the beginning, members have been active in conservation, birding and public education.

National Audubon Society President Peter Berle is a special guest at the event; renowned scientist, National Audubon Board member and author Paul Ehrlich is the keynote speaker. Professor Ehrlich's latest book, *Birds in Jeopardy*, is available for purchase, signed by the author.

Peter Berle "is a high-profile leader in the conservation movement, a key player in the efforts to save the ancient forests, preserve the Arctic Wildlife Refuge and reauthorize and strengthen the Endangered Species Act," says Golden Gate Audubon president Steve Margolin, "and we are delighted that he will be on hand to help us celebrate."

Paul Ehrlich, professor of biological sciences at Stanford, is well-known in the Bay Area and internationally as a scientist and author. Best known to the public for his works on population and the environment, Professor Ehrlich also has a strong interest in birds, and has written books and articles on bird behavior and ecology.

Golden Gate Audubon Society is interested in hearing from members and former members who were active in the early years. If you have a story of the early years of the Society, you are encouraged to write to Society Program Coordinator Arthur Feinstein, 2530 San Pablo Avenue, Suite G, Berkeley 94702.

The Anniversary Celebration is open to the general public. Festivities begin at 6:30pm, with beverages and substantial hors d'oeuvres provided. The band I'll Be Right Home Honey entertains.

Admission is \$12 members, \$15 non-members, and free to anyone who has been a Golden Gate Audubon Society member continuously since it joined the national organization in 1948. Space is limited; reserve tickets by calling the Society office, (510) 843-2222.

PIONEERS OF ETHNIC DANCE



Malonga Casquelourd
Photo: John Swanda/
Donald Jones Photography

Rosa Montoya Bailes Flamencos presents "A Journey Through Dance," featuring four pioneers in the world of ethnic dance. Chitresh Das, Malonga Casquelourd of Fua Dia Congo, Master Preguica of Omulu Senzaia and Rosa Montoya explore the interwoven roots of their art forms to create a new vision of ethnic dance for the 21st century.

These artists of sound and movement present a tapestry of rhythms and beats. Chitresh Das, who introduced India's classical Kathak dance to the United States, performs to the humorous music of the bulerias, the most flexible of flamenco forms. Chitresh dances with Rosa Montoya, demonstrating the roots of the gypsy flamenco in Indian Kathak.

Malong Casquelourd, choreographer, drummer and singer, leads Fua Dia Congo in the traditional music and dance of the Central African Republic, the Congo and Zaire. Fua Dia Congo also performs Brazilian Capoeira with Omulu Senzaia.

Master Preguica, teacher of the unique art form Capoeira and founder of Omulu Senzaia, the largest Capoeira group outside of Brazil, leads the group in presenting the music, movements and artistry of this Brazilian cultural tradition. Omulu Senzaia performs with Fua Dia Congo, traveling back in time to the possible roots of Capoeira in the African tradition of the Bantu people.

Rosa Montoya, choreographer, performer and teacher of the art of flamenco, presents the fiery soul of the Spanish gypsy to the rhythms of Indian Kathak.

This exciting program takes place in the Cowell Theater October 9 through 11, Friday and Saturday 8pm, Sunday 2pm. Tickets are \$20, available by phone at 392-4400 or (510) 762-BASS, or by mail through City Box Office, 141 Kearny Street, San Francisco 94108. Please add \$2 for mail orders. For information, call 824-1960.

BUSINESS BRIDGE

Forty entrepreneurs and municipal leaders from St. Petersburg, Russia, along with their counterpart Bay Area business and municipal hosts, are celebrating their mutual business and cultural interests, and their participation in a management training program for Russians, at a benefit event in Fort Mason's Conference Center.

The Economic Development Program is a one-month project for former Soviet entrepreneurs created by the San Francisco-based nonprofit Center for Citizen Initiatives.

Bay Area business hosts include managers from J. Walter Thompson, Safeway, Bay Alarm, Viacom Cable, St. Anthony's Foundation, and Knoll Organic Farms. The project is a practical response to the former USSR's need to build a private sector and democratic institutions from the ground up.

Keynote speaker at the gathering, "St. Petersburg/SF Bay Area Business Bridge," is Suzanne Massie, Fellow of the Harvard University Russian Research Center and author of several books on Russia, including *Land of the Firebird and Pavlovsk: The Life of A Russian Palace*. Master of Ceremonies is Dr. Nancy Snyderman, medical analyst on ABC's "Good Morning America" and the KPIX Evening News.

The event takes place on Saturday, October 3 from 6:30 to 9pm. Tickets are \$25; for each full-price ticket purchased, a second ticket may be purchased for half-price. For information about the benefit, or activities of the Center for Citizen Initiatives, call 252-4818.

APPLIED INSIGHTS

After many years of outstanding accomplishment, four experts have joined forces to serve more people better than each could acting alone. They hope to create a synergy that reminds people of the interrelatedness among all things, and provides a way of being in the world that is full, strong, participatory, yet sensitive.

They have developed a seminar series to enrich life and expand knowledge about healthy eating habits; strength and flexibility; personal style and wardrobe management; emotional, psychological and spiritual well-being.

Charmian Anderson is one of the first in the US to receive a doctorate in Transpersonal Psychology, specializing in the study of advanced stages of human awareness. In private practice in San Francisco for twelve years, she is listed in *Outstanding Women in America* and *Who's Who in American Colleges and Universities*. Dr. Anderson helps you explore choices of spiritual disciplines to increase psychological and emotional well-being, and learn to observe and understand the stresses you experience.

With Eleonora Manzolini, you will learn the effects of food on mind, body and spirit, how to recognize what foods harmonize with your particular makeup, explore different preparation techniques and how they affect the quality of food. Eleonora has degrees in nutrition and psychology, and teaches natural foods cooking classes. She co-authored *Staying Healthy with Nutrition* with Dr. Elson Haas.

Gwen Mazer was a fashion editor for *Harper's Bazaar* and creative director for Esprit. Her firm specializes in wardrobe, personal image and lifestyle management. Clients have included Bank of America, Macy's, Gump's, the Campton Place Hotel and Oprah Winfrey. Gwen shares her insights, fashion savvy, techniques to create your own self-aware style, how to maximize the use of your wardrobe, how to purchase wisely and what elements create a timeless presentation that projects the essence of your true character.

Sophie Taggart is a registered nurse, yoga teacher and fitness expert specializing in women's health care. She is co-founder of BackPax, a nonsurgical back rehabilitation program, and Maternity Network, a fitness program for pregnant women. She demonstrates techniques and exercises to enhance health and well-being, develop flexibility and strength, and teach stress reducing, relaxation, and breathing techniques to use in any situation.

The course is presented in the Firehouse. See October 7, "Applied Insights," for details. For information, call 292-4876.

IT CAN'T HAPPEN HERE

Based on the controversial best-selling novel by Sinclair Lewis, *It Can't Happen Here* opens on the anniversary of its premiere 56 years ago. In today's charged election-year environment, this cautionary tale of censorship, propaganda and the public's thirst for leadership is as pertinent as tomorrow's headlines.

The play is presented by the Z Collective, a San Francisco collaborative theatrical ensemble. *It Can't Happen Here* chronicles the fictional rise of a fascist regime in the United States. Lewis wrote the novel in six weeks. It was published in 1936, just after Italy's invasion of Ethiopia. Hitler was in power in Germany, Mussolini in Rome, Franco in Spain. In the United States, Huey Long, Father Coughlin and Gerald Smith were prominent in the news.

The book jumped immediately to the top of the best-seller list. MGM optioned it for a feature film, but abandoned the project for fear the material would offend too many moviegoers. Hallie Flanagan, Director of the Federal Theater Project of the WPA, asked Lewis to adapt his work for the theater. He did so, completing the script just days before the scheduled opening.

On October 27, 1936, the Federal Theater opened 22 productions in 17 different cities and seven languages. It played to over 500,000 people before election day. The story was also serialized in newspapers all over the country, reaching millions more. Though the reception of critics was mixed, audiences kept the play running for 260 weeks.

The potential inherent in the Project's achievement was noted by Representative Martin Dies, later



Photo: Shane MacKay

to become Chairman of the newly-formed House Un-American Activities Committee. Congress was persuaded to reduce the Federal Theater Project's budget by a third, and two years later to end the Project's federal funding entirely.

For this production, the Z Collective has returned directly to the novel as the primary source material, synthesizing various versions into a cohesive and dramatic story for contemporary times.

Again opening just days before the election, Z Collective hopes to create another landmark event of theatrical, historical and political import.

The play is presented in Fort Mason's Cowell Theater. Opening Night is Tuesday, October 27 at 8pm. The run continues from October 30 through November 16, Friday through Monday at 8pm, plus Sunday matinees at 2pm. Tickets are \$10-\$14. For information, call 543-9505.

MACY'S PASSPORT '92



The largest fashion show in the nation celebrates its 10th anniversary with two electrifying evenings of spectacular fall fashions for men, women and children at the Herbst and Festival Pavilions. The fashion theater event features personal appearances by four of the country's hottest designers: Marc Jacobs for Perry Ellis, Michael Kors, and Cross Colours' Carl Jones and T. J. Walker.

"Macy's Passport '92 - It's Time" benefits the San Francisco AIDS Foundation and the Shanti Project, also marking a decade of service.

Opening night, Thursday, October 1, includes a gala VIP reception and dinner at 6pm, a sumptuous buffet reception at 6:30pm, and the Passport fashion show at 8:30pm. The fashion show is repeated on Friday, October 2, at 8:30pm, preceded by a 7:30pm wine reception. See listing under October 1 for details.

Tickets are available at BASS Ticket Centers and at the SWATCH department in Macy's Union Square store. For ticket information, call (510) 762-BASS. For tickets to the VIP gala, call 431-0613.

A JOURNEY THROUGH TIME

The 11th Annual San Francisco Fall Antiques Show brings sixty-two prestigious exhibitors from all over the United States and Europe, presenting an extraordinary range of antiques and works of art.

On display in lovely room-like settings are furniture from numerous origins; paintings and prints; silver; rugs; autographs; tapestries and textiles; jewelry; glass; porcelain; Asian arts; African and Oceanic art; Americana; maritime art and artifacts; primitives; and books.

This year's special Loan Exhibit displays wonderful examples from the private collection of the legendary French house specializing in superb luggage since the mid-19th century. "Louis Vuitton, A Journey Through Time" features the meticulously handcrafted cases and accessories commissioned by the rich and famous for travel in the Golden Age. In addition to the main exhibit, noted San Francisco designers Robert Hering, Sanchez & Ruschmeyer, Ronald Schwarz and Tucker & Marks will each do an exhibit on the travel theme. Lewis Sykes will design the settings.

The educational, informative and entertaining Shreve Lecture Series once again features outstanding speakers. The renowned Rosamond Bernier makes her third appearance here (last year, her lecture sold out). Other speakers are Leslie Greene Bowman, Los Angeles County Museum curator; Alexis Gregory, art books author and publisher; Alexandra Stoddard, designer, author and lecturer; and the popular *Decorating with Antiques* Panel—The Honorable Lavinia Bolton, Lady Jane Churchill, and Michael Connors.

The Antiques Show, in Fort Mason's Festival Pavilion, benefits Enterprise for High School Students, a nonprofit job referral and apprenticeship agency for San Francisco high school students. It derives a substantial portion of its annual operating revenues from the net proceeds of the Fall Antiques Show general admissions, catalogue and Preview.

For details, see listing under October 28. For information, call 921-1411



Canton waterfront circa 1803(detail).

GRAPHIC ARTS 92

Formerly, only graphic designers had to solve her problems concerning the design and production of communications materials. But the computer has changed that. Marketing professionals, corporate print buyers, small business owners, and nonprofit organizations are now designing and producing their own work.

After the creative work is finished, then what? How do you find the right printer, the right color separator, the right desktop publishing service bureau for your job? How do you decide on the latest software and hardware tools for design and production?

The answer is Graphic Arts 92, a two-day exposition and conference for professionals who need to know how to get their work produced. The trade show and seminar program features exhibitors representing high-end commercial printers, quick

printers, desktop publishing service bureaus, computer companies and graphic arts suppliers.

The seminars cover desktop publishing technology, graphic design and print-buying skills. The twelve sessions include "Understanding Color on Screen and in Print," "Image Editing on the Macintosh," "How to Buy Printing and Prepress Services," "Design Fundamentals for Desktop Publishers," "Green Graphics," and more. The seminars are \$55 for registrations received before October 10, \$75 at the door.

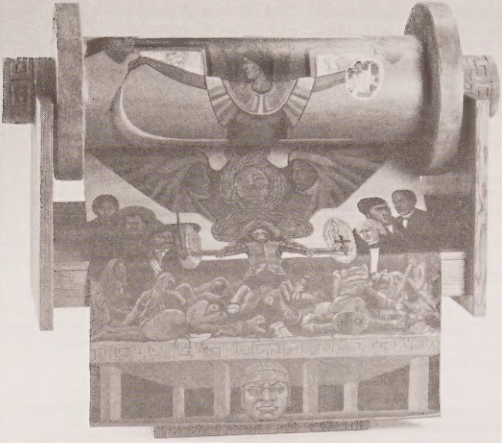
The event takes place on Tuesday and Wednesday, October 20 and 21, in the Herbst Pavilion and the Conference Center. Exhibits are open from 10am to 6pm; seminars are presented from 9am to 4:30pm. Show registration is \$10 at the door. To get a discount ticket, or for more information, call 864-3151.



FORT MASON CENTER is... ...The Majesty Of Aliveness.

See Galleries: Museo ItaloAmericano.

THE CHICANO CODICES



Codex Emanuel
Emanuel Martinez
Photo: M. Lee
Fatherree

The Mexican Museum's exhibition "The Chicano Codices: Encountering Art of the Americas" offers a contemporary reflection on the destruction of the ancestral archives of Mexico in the flames of the Spanish Conquest.

The archives contained screenfold visual narratives, known as codices, illustrating social, political, scientific and ritual knowledge and traditions of the Mayan, Mixtec and Aztec civilizations.

Planned as the Museum's acknowledgement of the Quincentennial, "The Chicano Codices" proposes to reinstate the codex as an indigenous American art form, in a symbolic replenishing of the archives by contemporary artist/scribes.

"The Chicano Codices" provides intellectual and cultural connections between the contemporary Chicano artistic community and ancient Mexican expressions of knowledge and culture. Guest curated by art historian Marcos Sanchez-Tranquino, the exhibition features new works commissioned by the Museum from 27 Chicano artists.

The works on exhibit offer personal reflections on the systematic destruction of the records of ancient knowledge, and subsequent reconstructions of history based on surviving fragments of material culture and belief systems.

These are works by artists who see the Quincentennial not as a celebration, but as a time of

remembrance of a violent and destructive colonial process. At the same time, they acknowledge the historical fact of the encounter that gave birth to the mestizaje, or mixed race, and work to reclaim a Mexican cultural and spiritual legacy nearly eliminated by the greed for gold and intolerant evangelism of the 16th-century Spanish conquerors.

The exhibition opens with an installation of photopanel and informative text that introduces the viewer to the pre-Colonial codices. Few original codices survived the Spanish Conquest; those that remain are for the most part now scattered in European collections.

Only three pre-Conquest Mayan codices are known to have survived, as well as a handful of Mixtecan examples. Though no known Aztec codices escaped the flames, after the imposition of the Spanish colonial administration Aztec scribes were put to work recreating lost codices or illustrating new texts to record history, traditional customs and ritual practices, or to serve the purposes of the new administration in imposing levy systems, reinforcing certain genealogies, or serving as ethnographic documents recording daily customs and practices of a vanishing culture.

The exhibition presents contemporary reflections on an indigenous art form and destroyed archival legacy through a variety of media and artistic practices, ranging from the pounded fig-bark paper used in traditional codices, to torch-cut steel and computer-enhanced photographs. While some artists make use of traditional codex imagery and format to narrate a journey of personal or cultural renewal, others celebrate contemporary expressions of Chicano history and culture, or present social indictments on the lingering effects of colonialism.

Among the artists participating in the exhibition are Amalia Mesa-Bains, Carmen Lomas Garza, Gronk, Willie Herrón, Emmanuel Montoya, Chaz Bojórquez, Emanuel Martinez, Kathy Vargas and Delilah Montoya.

"The Chicano Codices" is the first in a series of four traveling exhibitions, "Redefining the Aesthetic: Toward a New Vision of American Culture," organized by The Mexican Museum. Following its showing at the Museum, the exhibition travels to Golden, Colorado and Los Angeles. A color catalogue accompanies the exhibition, with texts by Sanchez-Tranquino and noted playwright and essayist Cherrie Moraga.

In conjunction with this exhibition, on October 3 and 4, the Museum presents "Beyond 1992," a weekend of dialogue on issues of ethnicity in relation to art practice and visual arts institutions, featuring artists, writers, performers and museum professionals. "Beyond 1992" will be held at Magic Theatre with sessions beginning at 10am and 1:30pm (see October 3 listing for details).

"The Chicano Codices: Encountering Art of the Americas" opens September 23 and continues through November 29. The Opening Reception takes place on Friday, September 25, from 6 to 8pm.

The Mexican Museum is open Wednesday through Sunday, noon to 5pm. General admission is \$3; seniors and students \$2; Museum members and children under 10 are admitted free. The first Wednesday of each month is a free admission day, with the galleries remaining open from noon to 8pm. For information, call 441-0445.

GALLERIES



Bayfront Gallery Wed-Sun Noon-5pm & before, during & after performances at the theater. \$1, children 50¢ (FREE adm at performance times.) Cowell Theater 441-5706

Delta Blues: Music & Life In Mississippi Photography by Rex Miller looking at the culture & traditions of delta blues as seen through the lives of its practitioners. Includes over 50 black & white photographs framed with cypress wood recycled from the walls of crumbling Mississippi delta plantation shacks. Sponsored by the SF African American Historical & Cultural Society. 9/15-10/18 441-0640

Open Studio '92 Exhibit & sale of works by SF artists as part of the annual city-wide program during which artists' studios are open to the public. Prints by Jeri Burnside, Kamiko Tanaka & Alan May & paintings by Susan Tibbon & Gregory Gray are at Fort Mason. 10/30-11/1 Fri 9pm-Midnight, Sat & Sun 9am-6pm FREE adm Gatehouse 776-6367

Mexican Museum Wed-Sun Noon-5pm \$3-\$2 (1st Wed/mo Noon-8pm FREE adm) Bldg D 441-0404
Chicano Codices: Encountering Art Of The Americas Commissioned works by 27 Chicano artists reflecting on the destruction of the ancestral archives of the Mayan, Mixtec & Aztec civilizations during the Spanish conquest of Mexico. 9/23-11/29

Rodriguez Orientation Gallery A permanent installation introducing the five main areas of the Museum's collection. Open same hours as current special exhibit.
Beyond 1992: Dis-Covering American Culture A weekend of dialogues on ethnicity, social identity & artistic expression. 10/3&4 Sat&Sun 10am-12:30pm & 1:30-4pm Magic Theatre Bldg D 441-0404

Family Sunday Calacas Festival, a presentation on Day of the Dead altars & crafts. 10/18 Sun 1-4pm FREE for children & their families. See 10/18



Delta Blues: Music & Life In Mississippi
Photo: Rex Miller

Museo ItaloAmericano Wed-Sun Noon-5pm \$2 Bldg C 673-2200

The Majesty Of Aliveness, Canto VIII: A Performance & Exhibition Using mime, a capella singing, art & dance, Diana Marto explores the symbols & mediums that link common cultures. Exhibition "Diving Deep, Deep Into The Earth To Reveal Her Secrets" 9/23-10/11. Performances 9/25&26, 10/9&10 Fri&Sat 8pm \$10
Contemporary Italian Art: From Figuration To Abstraction Nineteen contemporary artists from Genova explore the area of modern art that lies between the extremes of representation & abstraction. 10/16-12/6

Food Of Southern Italy Lecture by chef Carlo Middione. 10/18 Sun 5-7pm \$25-\$20 see 10/18
Italian Language Classes Various levels of instruction provided by an Italian-born instructor. 9/28-12/10 Mon-Thur. Must pre-reg. \$120-\$108
Ciao! Italiano For Children Classes for children in grades 1-8 with visual & audio aids. Beginning 10/3 \$95-\$75/10 two-hour classes

SF African American Historical & Cultural Society While the gallery is closed for earthquake repair work, the Society is sponsoring "Delta Blues: Music & Life In Mississippi" 9/22-10/18 at Fort Mason's Bayfront Gallery (see above). The Gallery in Bldg C reopens 10/25 with **The Voodoo Tradition In America**. 441-0640

SF Craft & Folk Art Museum Tue-Fri & Sun 11am-5pm, Sat 10am-5pm, \$1 adm (Sat 10am-Noon FREE). Bldg A 775-0990
Classical Chinese Furniture Fine hardwood furniture produced during the 16th & 17th centuries, this simple, elegant, fastidiously constructed furniture represents a harmony of form & function that is an inspiration to designers & woodworkers throughout the world. 9/1-11/1

SF Museum Of Modern Art Rental Gallery Sculpture by Richard Feese & Carla Paganelli, photography by Jack Fulton. 10/6-30 Tue-Sat 11:30am-5:30pm, FREE adm Bldg A 441-4777 (Reception 10/6 Tue 5:30-7:30pm)

OCTOBER AT A GLANCE

Events

Macy's Passport '92 see 10/1
Gem Faire '92 see 10/3
West Coast Weekend see 10/3
Russian Entrepreneurs' Benefit see 10/3
Audubon Society 75th Anniversary see 10/4
Windsurfing Trade Show see 10/9
Award-Winning Poetry Films see 10/9
Fleet Week 1992 Parade Of Ships see 10/10
Wings For The Earth Insect Festival see 10/10
Great Writers Series see 10/12
SS Jeremiah O'Brien Weekend see 10/17
Kinderfest see 10/17
Psychic Healing Fair see 10/17
Computer Show & Sale see 10/18
BATWA Awards Ceremony see 10/19
Graphic Arts 92 see 10/20
Recess! see 10/23
SF Bay Area Tarot Symposium see 10/24
American Indian Arts & Crafts Sale see 10/24
SF Fall Antiques Show see 10/28
Dia De Los Muertos see 10/31

Theater

Solo Mio Festival '92 see 10/1
Flash Family see 10/3
Ceremonies Of Prayer see 10/8
The Majesty Of Aliveness see 10/9
The Lion, The Witch & The Wardrobe see 10/24
It Can't Happen Here see 10/27

Music/Dance

Chitarra Classica Italiana see 10/1
Theatre Flamenco's 26th Season see 10/2
Earplay see 10/5
Journey Through Dance see 10/9
"Get Lost (Again) Columbus" Opera see 10/11
Plowshares Coffeehouse see 10/11
Insights From Iron Knot Mountain see 10/18
Dia De Los Muertos see 10/31

Children/Family Activities

Fleet Week 1992 Parade Of Ships see 10/10
SS Jeremiah O'Brien Weekend see 10/17
Kinderfest see 10/17
Mexican Museum Family Sunday see 10/18
Make Historical Miniatures see 10/22
Creating A Family In The '90s see 10/22
The Lion, The Witch & The Wardrobe see 10/24
Children's Multicultural Arts Workshop see 10/25

Lectures/Readings

Telling It Like It Is see 10/2
Metaphysical Lecture see 10/2
Safety At Sea Seminar see 10/3
Beyond 1992: Dis-Covering American Culture see 10/3
Round Robin Readings see 10/4
Vegetarian Lifestyle see 10/11
Rolling: A Powerful Tool For Change see 10/15
Silent No More: A Great Depression Baby Speaks Out see 10/16
Insights From Iron Knot Mountain see 10/18
Food Of Southern Italy see 10/18
Politics & Policies Of Pluralism In Organizations see 10/19
No Compromise In Defense Of Mother Earth see 10/22
Physician-Assisted Dying see 10/28
SF Peace Corps Public Forum see 10/28
Classical Chinese Furniture Symposium see 10/31

Tours

Fort Mason Tour see 10/10

Receptions

SF Museum Of Modern Art Rental Gallery Reception 10/6 Tue 5:30-7:30pm see Galleries



1 THURSDAY

Book Bay Bookstore Bargain books. 10/1-31 Wed, Fri-Sun 11am-5pm, Thur 11am-8pm FREE adm. Friends of the SF Public Library Bldg C 771-1076

Macy's Passport '92 – It's Time Two evenings of spectacular fashion theater to benefit the SF AIDS Foundation & Shanti Project. Special effects, live music, video & multi-image projections are combined with electrifying, up-to-the-minute fashions to turn this 10th annual "world's largest fashion show" into an eye-dazzling extravaganza. 10/1, Thur VIP black-tie reception & dinner 6pm \$200-\$150 Festival Pavilion, gala buffet reception 6:30pm \$35-\$25 Herbst Pavilion; 10/2 Fri wine reception 6:30pm \$30-\$20 Festival Pavilion; fashion show 8:30pm both nights Festival Pavilion 762-BASS

Chitarra Classica Italiana A concert of Italian classical guitar music & homage to Giachino Rossini. Internationally famous guitarist Joseph Bacon presents a selection of Italian classical guitar music from the 16th century to modern times. 7:30pm \$10 FMC "Friends" 20% off w/mbrs card Museo ItaloAmericano Bldg C 673-2200 ●

Releasing Fears & Guilt Discover the jewel underneath self-doubt, hurt & resentment. Lecture by Betty Bethards, mystic, healer & author of *The Dream Book*. 8pm \$9-\$6 Bldg A (707) 765-2200

Solo Mio Festival '92 The third annual festival of solo performances takes places at six venues around the city. At Fort Mason are John Kelly in *Divine Promiscue* (9/16-10/4 Wed-Sun) & Brenda Wong Aoki in *The Queen's Garden* (10/6-18 Tue-Sun) 8pm \$15-\$12 FMC "Friends" \$1 off w/mbrs card. Life On The Water Bldg B 776-8999 ●

The Tarot Initiation Weekly informal discussions on Tarot & Cabala. 10/1-29 Thur 8-10pm FREE Bldg C (510) 835-0953

2 FRIDAY

Telling It Like It Is The poetry of Quincy Troupe & Charles Bukowski is featured in this read-out & discussion. Last of the "Leading Poets of Our Century" series. 7:30pm \$3 FMC "Friends" 25% off w/mbrs card National Poetry Assoc Bldg D 776-6602 ●

Underwater Photographic Society Monthly meetings w/slides, film or lecture on diving around the world, plus information on upcoming dive trips & events. 8-9:30pm FREE Bldg C (510) 635-2943

Theatre Flamenco's 26th Season Six intoxicating evenings of Spanish dance from the repertoire of the Bay Area's most famed troupe. Included are "Encuentro," "Tanquillo" & the premiere of "Leyendo," a new work by Artistic Director Miguel Santos. Choreography by Adela Clara & performances by guest artists Carmen Granados, Nemesio Paredes & Lourdes Rodriguez. 9/25-10/4 Fri&Sat 8pm Sun 2pm \$25-\$18 FMC "Friends" \$1 off w/mbrs card Cowell Theater 392-4400 ●

Metaphysical Lecture Scientific introduction to the divine pattern of the tabernacle by the Institute of Divine Metaphysical Research. 10/2-30 Wed&Fri 8-10pm FREE Bldg C 668-6325

Book Bay Bookstore see 10/1
Macy's Passport '92 see 10/1
Solo Mio Festival '92 see 10/1

3 SATURDAY

Safety At Sea Seminar Sailing Education Adventures presents a day-long program to teach boaters about ocean voyage planning, equipment & safety as well as preparing for & handling emergencies at sea. Includes lectures, slide shows, on-the-water demonstrations & equipment inspections. 7:30am-5pm \$50-\$45 FMC "Friends" \$5 off w/mbrs card Cowell Theater 775-8779 ●

Screenwriting: The Whole Picture A two-day seminar with Richard Walter. 10/3-4 9:30am-5pm \$250 Bldg A (818) 906-2785

Gem Faire '92 Over 50 specialty dealers from around the world w/gem cutters, jewelry crafters & graduate gemologists offering demonstrations, free gemstone identification & bead stringing classes. Exhibits include fine & rare gems, minerals, fossils & specimens. 10/3-4 Sat 10am-7pm, Sun 10am-5pm \$3-\$2.50, 12 yrs & under FREE Herbst Pavilion (702) 356-0516

West Coast Weekend SF's only live performance radio show, produced by KOED-FM 88.5, broadcasts from Fort Mason. Host Seamus Thompson brings together a diverse selection of guests & music from bluegrass to string quartets, plus news on upcoming activities. 10/3-31 Sat 11am-1pm \$6 Life On The Water Bldg B 553-2213

Benefit To Honor Russian Entrepreneurs Meet forty Russian entrepreneurs & municipal leaders & their SF counterparts, members of the St. Petersburg/SF Bay Area Business Bridge, as they celebrate participation in a joint economic development program. The program features historian Suzanne Massie & ABC Television medical analyst Dr. Nancy Snyderman. 6:30-9:30pm \$25-\$12.50 Bldg A 252-4818

Flash Family SF's longest-running improvisational company celebrates 14 years of totally spontaneous, brand-new-every-night theater, comedy & song. 10/3-24 Sat 8:30pm \$10-\$8 Bldg D 885-5678

Beyond 1992: Dis-Covering American Culture A weekend of dialogues on ethnicity, social identity & artistic expression sponsored by The Mexican Museum. 10/3&4 Sat&Sun 10am-12:30pm & 1:30-4pm Magic Theatre Bldg D 441-0404

Shattering The Glass Ceiling: The Role Of Museums Sat 10am
Artistic Practice & Social Identity: What Does This Have To Do With Me? The Next Generation Sat 1:30pm
Art & Ethnicity Sun 10am
The Chicano Codices: Replenishing Our Ancestral Archive Sun 1:30pm

Book Bay Bookstore see 10/1
Solo Mio Festival '92 see 10/1

4 SUNDAY

Golden Gate Audubon Society 75th Anniversary Celebrate 75 years of conservation achievement with food, music & distinguished speakers; author & scientist Paul Ehrlich & National Audubon president Peter Berle. Music by I'll Be Right Home Honey. 6:30pm \$15 Bldg A (510) 843-2222

Round Robin Readings Bring your own or your favorite author's poems for a wide-open round-table reading. 10/4-25 Sun 7:30pm \$1 FMC "Friends" 25% off w/mbrs card National Poetry Assoc Bldg D 776-6602 ●

Alcoholics Anonymous Weekly waterfront meeting w/open discussion & speakers. Coffee & cookies served. 10/4-25 Sun 8-9:15pm FREE Bldg C 661-1828

Book Bay Bookstore see 10/1
Solo Mio Festival '92 see 10/1
Screenwriting: The Whole Picture see 10/3

5 MONDAY

Earplay This critically-acclaimed contemporary chamber music ensemble opens its 7th season with the premiere performance of "Diptych" by 1992 Pulitzer Prize-winning composer Wayne Peterson. Also presented are recent works by James Dashow, Gustavo Moretto, David Vayo & Scott Wheeler. Guest conductor is J. Karla Lemon. 8pm \$15-\$12 FMC "Friends" \$1 off w/mbrs card Cowell Theater (510) 253-0357 ●

Mace/Self-Defense Instruction Department of Justice Mace licensing course. 10/5&19 Mon 6-8pm \$40 (includes license & Mace cannister) Bldg C 334-1151

6 TUESDAY

Awareness Through Movement/Feldenkrais Method Julie Casson teaches gentle movement lessons designed to improve overall quality of movement. Learn to move with grace & ease, improve breathing, flexibility & strength; wear loose clothing. 10/6-27 Tue Noon-1pm \$2/class Bldg C 333-6644

Body Therapy Meeting The Bay Area Body Therapy Guild, an education & support organization for body therapists, meets every other month. 7-9:45pm \$5 Bldg C 507-0881

Designing the '90s Continuing study & portfolio development in textile design. Individualized study & critiques by guest professionals. 10/6-2/2 Every other Tue 7:15-9:45pm \$350/10 sessions Bldg C 258-0342

7 WEDNESDAY

Applied Insights Expand your knowledge about healthy eating habits; strength & flexibility; personal style & wardrobe management; emotional, psychological & spiritual well-being. Four-week course presented by respected experts; personal image consultant Gwen Mazer, nutritionist Eleanora

Manzolini, fitness expert Sophia Taggart & transpersonal psychologist Charmian Anderson. 10/7-28 Wed 6-9pm \$285 Firehouse 292-4876

Adult Children Of Alcoholics A 12-step program focusing on parental alcoholism's effect on childhood as manifested in dysfunctional adult behaviors. 10/7-28 Wed 7:30-9:30pm FREE Gatehouse 931-2262

Book Bay Bookstore see 10/1
Solo Mio Festival '92 see 10/1
Metaphysics Lecture see 10/2

8 THURSDAY

Ceremonies Of Prayer SF Performers' Theatre presents the premiere of Evan Blake's play, loosely based on the life of Vincent Van Gogh & his relationship with his brother Theo. 10/8-11/14 Thur-Sat 8pm \$12-\$10 Young Performers Theatre Bldg C 346-5550

ADD General Meeting Speaker/discussion sponsored by Assoc. of Database Developers. 7pm \$5 Bldg C 863-6706

Book Bay Bookstore see 10/1
Artistic Practice & Social Identity: What Does This Have To Do With Me? The Next Generation Sat 1:30pm
The Tarot Initiation see 10/1

9 FRIDAY

Windsurfing Trade Show On display are the 1993 product lines from every major windsurfing product & accessory manufacturer, at the largest windsurfing exposition in the country. Open to the public 10/9 Fri 6-10pm \$10 Festival Pavilion & Bldg A 383-6207

Award-Winning Poetry Films Retrospective of films from 1975 to 1991 selected from the world's richest poetry film archives. A prologue to the 17th Annual Poetry Film Festival in December. 10/9-30 Fri 7:30-9:45pm \$2 FMC "Friends" 25% off w/mbrs card Media Alliance Bldg D 776-6602 ●

Journey Through Dance Four legendary pioneers of ethnic dance & the companies they perform with explore the interwoven roots of their art to create a new vision of dance for the 21st century. Rosa Montoya & Bailes Flamencos dance with Chitresh Das to demonstrate the roots of gypsy flamenco in Indian kathak dance; Malonga Casquelourd & Fua Dia Congo join with Master Peregica & Omulu Senzala to trace the origins of Brazilian Capoeira in the Central African traditions of the Bantu people. 10/9-11 Fri&Sat 8pm, Sun 2pm \$20 FMC "Friends" \$1 off w/mbrs card Cowell Theater 824-1960 ●

The Majesty Of Aliveness A performance exploring the question "What links us?" by Diana Marto as part of her exhibit "The Majesty of Aliveness, Canto VIII." 9/25&26, 10/9&10 Fri&Sat 8pm \$10 Museo ItaloAmericano Bldg C 673-2200 (See Galleries for exhibit information.)

Book Bay Bookstore see 10/1
Solo Mio Festival '92 see 10/1
Metaphysics Lecture see 10/2

10 SATURDAY

Fort Mason Tour Guided walks through this cultural & recreational facility. Over 50 arts, environmental & cultural groups make Fort Mason Center their home. Museums, theaters, galleries, classes & workshops utilize these converted military warehouses. 10/10&24 Sat 11am-12:30pm FREE (call to reserve space) Bldg A 441-5706

Fleet Week 1992 Parade Of Ships Fort Mason's own Liberty Ship S.S. *Jeremiah O'Brien* sails around the Bay with naval vessels from the US, Korea & Japan to kick off the Bay Area's annual salute to the US Navy. Ship out aboard the *O'Brien* or come to Fort Mason & watch the fleet pass by while Navy & Coast Guard aviators & skydivers perform overhead. 10:30am-2pm \$85/*O'Brien* cruise, fleet-watching FREE Pier 3 Dock 441-3101

Breathwork With Sandro D'Amico Facilitate the healing of body, mind & spirit with Breathwork, a gentle, supportive & powerful healing process. 10am-2:30pm \$40 Gatehouse 344-0579

Wings For The Earth Insect Festival Celebrate the spirit of insects & their beauty. Dancers, poets, musicians & multimedia performers pay tribute to the insects & their crucial role in the environment. Supports Wings for the Earth's assistance to a sustainable butterfly farm project in the Colombian Pacific Rain Forest. 7-11:30pm \$25 FMC "Friends" 10% off w/mbrs card Bldg A (510) 531-8959 ●

Book Bay Bookstore see 10/1
Solo Mio Festival '92 see 10/1
Flash Family see 10/3

Journey Through Dance see 10/9
The Majesty Of Aliveness see 10/9

11 SUNDAY

SF Tesla Society Meeting Monthly lecture on scientific topics related to the life & research of Nikola Tesla. 1-4:30pm \$5 Gatehouse 383-2530

The "Get Lost (Again) Columbus" Opera A ceremonial protest performance "in resistance to 500 years of genocide.... in honor of the ancestors for the sake of world peace." Original music & libretto by White Cloud Wolfhawk Eagles Xochipilliucaponi with the voices & drums of the Blood Road Singers. 2-3:30pm \$9 Bldg C (510) 223-0357

Vegetarian Lifestyle SF Vegetarian Society sponsors this lecture on the vegetarian diet as a healthy & humane way of life. 3:30-5:30pm \$6 Bldg C 775-6874

Plowshares Coffeehouse presents folk music by Bill Staines. 7:30-10:30pm \$10 Firehouse (510) 525-7473

Book Bay Bookstore see 10/1
Solo Mio Festival '92 see 10/1
Round Robin Readings see 10/4 ●
Alcoholics Anonymous see 10/4
Journey Through Dance see 10/9

12 MONDAY

Bay Area Great Writers Series Interviews, readings, discussions, Q&A with noted Bay Area authors, introduced by Anne Lamott. A benefit for Sojourn, the ecumenical Episcopal Chaplaincy at SF General Hospital. 10/12 Armistead Maupin (*Tales of the City*); 10/26 Ethan Canin (*Emperor of the Air*); 11/9 Isabel Allende (*House of the Spirits*); 9/14-11/9 Mon 7-10pm \$20, \$75/series Bldg A 206-8500

PC Clone User Group Learn to build your own PC or simply come to meet others who want to share user information. 7-9pm \$3 Bldg C 861-9321

Spontaneity Techniques Sample Workshop Games, exercise & theater. Non-competitive, fun & appropriate for all levels of experience. Sue Walden & Co. 7-9:30pm \$15/workshop Bldg C 885-5678

13 TUESDAY

Brainstorming Fiction With Herb Gold Novelist/short story author Herb Gold shows you how a story can be "jump-started" out of impulse, accident, idea & the pains & appetites of daily life. Participants create & respond to each other's work. Bring paper, writing tools & a willingness to ride the rhythms of speed, eloquence & "the magic of inspiration." 10/13-27 Tue 7-9pm \$94 Media Alliance Bldg D 441-2557

Awareness Through Movement see 10/6

14 WEDNESDAY

Life Sculpture 10/14-11/18 Wed 6-10pm \$110 CCSF Art Center Bldg B 561-1840

Artist/Gallery Contracts An attorney discusses contractual issues that affect fine artists & gallery owners. 7pm \$15 California Lawyers for the Arts Bldg C 775-7200

Book Bay Bookstore see 10/1
Solo Mio Festival '92 see 10/1
Metaphysics Lecture see 10/2
Applied Insights see 10/7
Adult Children Of Alcoholics see 10/7

15 THURSDAY

Roifing: A Powerful Tool For Change Lecture, demonstration & slides showing how you can take dramatic steps toward optimum physical, mental & emotional health. 10/15 Thur & 10/27 Tue 7:30-10pm FREE Gatehouse 759-6564

Book Bay Bookstore see 10/1
Solo Mio Festival '92 see 10/1
The Tarot Initiation see 10/1

16 FRIDAY

Silent No More: A Great Depression Baby Speaks Out Is it true nobody was born between 1929 & 1940? Dolores Robinson, stand-up historian, is disgusted, she is angry & she is ready! Ready to speak up about her silent, invisible agetates—the babies of the Great Depression. 8pm \$8 Bldg A 771-4927

Book Bay Bookstore see 10/1
Solo Mio Festival '92 see 10/1
Metaphysics Lecture see 10/2
Award-Winning Poetry Films see 10/9 ●

17 SATURDAY

SS Jeremiah O'Brien Steaming Weekend The 441-foot WWII cargo ship revs up its giant steam engine. The ship's galley is open & souvenirs are available from the Slop Chest Store. 10/17&18 Sat&Sun 9am-4pm \$3-\$1 (\$6 frmls) Pier 3 Dock 441-3101

Kinderfest An afternoon of family fun & games sponsored by the American Lung Association. Families join in games of skill, meet pet animals, tumble in a fun-house, make greeting cards, talk to a ventriloquist, dance to the oom-pah-pah of a German marching band & learn about the association's asthma & tuberculosis programs. 8am-5pm FREE Bldg A 893-5474

Psychic Healing Fair Bring spiritual awareness into your everyday life with a reading or healing from Psychic Horizons. "Are you creating your life for you? What are you struggling with right now? Take the time to discover." 1-3pm FREE Bldg C 346-7906

Ghostbusting, Inc. Bust the ghost of old unresolved negative emotions from your time line, then create the future you want. 10/17&31 Sat 9am-Noon or 1-4pm \$39 Bldg C 771-7633

Sensory Awareness Practical experimenting toward a more quiet mind, an unforced use of breathing & the senses, and a fuller presence & healing. As taught by Charlotte Selver since 1930. 10/17&18 Sat&Sun 10am-4pm \$100 FMC "Friends" 10% off w/mbrs card Firehouse/Bldg C 753-6100 ●

Book Bay Bookstore see 10/1
Solo Mio Festival '92 see 10/1
Flash Family see 10/3

18 SUNDAY

Insights From Iron Knot Mountain Presentations of Tibetan Vajrayana teaching & sacred dances sponsored by Chagud Gongpa Foundation. Lama Chagdu Tulku, reincarnation of a long succession of Chagdu's & head of a monastery in Eastern Tibet, talks about "Compassionate Action in a Troubled World" followed by Tibetan lama dances accompanied by traditional Tibetan music. Talk: 10am. Dances: 2pm 25 advance/\$15 each. FMC "Friends" \$1 off w/mbrs card Cowell Theater (916) 623-2711 ●

Computer Show & Sale Discover what's considered "state-of-the-art" & see what's for "show & sale." 11am-4pm FREE Bldg A 239-5166

Mexican Museum Family Sunday Calacas Festival, a presentation on Day of the Dead altars & crafts. 1-4pm FREE for children & their families. Bldg C & Mexican Museum Bldg D 441-0404

Food Of Southern Italy Illustrated lecture by chef Carlo Middione, food writer & owner of Vivande Porta Via, followed by tasting of dishes of southern Italy prepared by the chef. 5-7pm \$25-\$20 Museo ItaloAmericano Bldg C 673-2200

Book Bay Bookstore see 10/1
Solo Mio Festival '92 see 10/1
Round Robin Readings see 10/4 ●
Alcoholics Anonymous see 10/4
SS O'Brien Steaming Weekend see 10/17

19 MONDAY

BATWA 6th Annual Awards Ceremony The Bay Area Theatre Workers Association honors 1992 recipients of the Edith Lew & Gerald Duff Awards for their outstanding work in meeting the needs of the Bay Area theater community. Recipients are: Harvest Theatre Company, EXITheatre & Braval For Women In The Arts. 7:30pm Firehouse (510) 525-2597

The Politics & Policies Of Pluralism In Organizations Dr. Robert Hayles, Vice President-Cultural Diversity, Grand Metropolitan Food Sector, Pillsbury Brands speaks at this lecture sponsored by the Society for Intercultural Education, Training & Research. 7-9pm \$3 Bldg C 584-4809

Mace/Self-Defense Instruction see 10/5
Spontaneity Techniques Sample Workshop see 10/12

20 TUESDAY

Graphic Arts 92 A two-day exposition & conference for professionals of all fields who need to

know about graphic arts production. Exhibitors & seminar producers include high-end commercial printers, quick printers, desktop publishing service bureaus, computer companies & graphic arts suppliers. 10/20&21 Tue & Wed Seminars 9am-4:30pm \$75-\$55. Exhibits 10am-6pm \$10. Herbst Pavilion & Bldg A 864-3151

PC Users Group Monthly Meeting Forum for exchanging information on the latest computer products. Includes demonstrations, presentations, Q&A session & more. 6:15-10:30pm \$3 FMC "Friends" FREE w/mbrs card Bldg A 979-5879 ●

Artists Guild Of SF General Meeting Issues & activities of SF's contemporary artists & shows. 7-10pm Gatehouse 822-6110

Awareness Through Movement see 10/6
Brainstorming With Herb Gold see 10/13

21 WEDNESDAY

Book Bay Bookstore see 10/1
Metaphysics Lecture see 10/2
Applied Insights see 10/7
Adult Children Of Alcoholics see 10/7
Life Sculpture see 10/14
Graphic Arts 92 see 10/20

22 THURSDAY

No Compromise In Defense Of Mother Earth Dave Foreman, militant environmentalist & advocate for conservation biology issues, discusses his new book, *In Defense of the Wild: Confessions of an Eco-Warrior*, & speaks about the need for humanity to devise a new relationship with the natural world. 7pm \$4 FMC "Friends" \$2 off w/mbrs card Bldg A 771-2050 ●

Make Historical Miniatures Educational plastic models under construction are displayed. The SF North Bay Chapter of the International Plastic Modelers Society presents projects. 7-9pm FREE Gatehouse 499-5612

Creating A Family In The '90s "About Birth Parents" is the second of five monthly adoption awareness seminars by Pact, An Adoptive Alliance. 10/22 Thur 7:30-10pm (Newcomers Meeting 7-7:30pm) \$10/\$35 series Bldg C 221-6957

Book Bay Bookstore see 10/1
The Tarot Initiation see 10/1

23 FRIDAY

Recess! Night of play for adults with Sue Walden & Co. Bring friends or make new ones at this playful, laugh-fu! break from everyday life. 7:30-10:30pm \$15 Bldg C 885-5678

Book Bay Bookstore see 10/1
Metaphysics Lecture see 10/2
Award-Winning Poetry Films see 10/9 ●

24 SATURDAY

Botanical Watercolor 10/24-12/5 Sat 9am-Noon \$85 CCSF Art Center Bldg B 561-1840

Black & White Printing 10/24-12/5 Sat 10am-1pm \$114 CCSF Art Center Bldg B 561-1840

Copyright Clinic Artists can consult a copyright attorney regarding copyright forms, work-for-hire arrangements, jointly-held copyrights, renewing & modifying copyrights. 10am-12:30pm, by appt. \$20-\$10 California Lawyers for the Arts Bldg C 775-7200

SF Bay Area Tarot Symposium Speakers, presentations, discussion & exhibits on all aspects of the Tarot plus a Tarot Bazaar. All levels of interest & experience welcome. 10am-4:30pm \$35-\$25 FMC "Friends" \$25 w/mbrs card Firehouse 753-5041 ●

Faux Marbleizing Workshop Learn to create the illusion of marble & stone by manipulating feathers, sponges & erasers to transform surfaces into works of beauty. 10/24, 11/14, 12/5 Sat 11am-4:30pm \$70/session Bldg C 431-1888

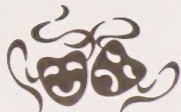
American Indian Arts & Crafts Sale Artists & traders display the finest in rugs, pottery & jewelry, with sandpainting demonstrations & Native American food available. 10/24&25 Sat 11am-8pm, Sun 11am-6pm \$3 Bldg A 494-8164

SF Bay Area Postcard Club Monthly meeting with discussion & swap meet. Noon-3pm FREE Bldg C 512-8662

The Lion, The Witch & The Wardrobe Lucy, Susan, Peter & Edmond step into their closet &

CLASSES & WORKSHOPS

PERFORMING ARTS



Blue Bear School Of Music offers private lessons, theory classes & band workshops in Rock, Jazz, Blues, Soul & other popular music styles for musicians of all levels. Bldg D 673-3600

Actors' Workshop With Stephen Drewes Small, intensive weekly workshops in scene study, monologue preparation, audition technique, etc. with professional director/teacher Stephen Drewes. 9/13-11/15 Sun 2-5pm \$180/course Bldg C 281-8459

Sue Walden & Co. Presents Workshops in spontaneity & improvisation. Bldg C 885-5678
Improving Scenes I 10/13-12/15 Tue 7-9:30pm \$190/10 sessions
Improving Scenes IB 10/15-12/17 Thur 7-9:30pm \$190/10 sessions
Advanced Scenes 10/11-12/13 Sun 7-9:30pm \$190/10 sessions
Spontaneity Techniques IA 10/26-12/14 Mon 7-9:30pm \$165/8 sessions
Spontaneity Techniques II 10/14-12/16 Wed 7-9:30pm \$190/10 sessions
Letting Go 10/5-12/7 Mon 7-9:30pm \$190/10 sessions
Sample Workshops 10/12&19 Mon 7-9:30pm \$15/session
Recess! 10/23 Fri 7:30-10:30pm \$15 see 10/23

EDUCATION



Media Alliance Computer Access Training, consultation & low-cost classes. Pre-reg. req. The Mac lab is open Mon-Fri 1-5pm, Wed 1-8pm \$12-\$6/hour Bldg D 771-7133
Mac Basics 10/5 Mon 6-9:30pm, 10/17 Sat 9:30am-1pm, 10/25 Sun 9:30am-1pm \$50
Intermediate Macintosh 10/17 Sat 1:30-5pm \$50
Word I 10/16 Fri 9am-1pm \$75
Word II 10/23 Fri 9am-1pm \$75
Illustrator I 10/20 Tue 9am-1pm \$75
Illustrator II 10/27 Tue 9am-1pm \$75
Filemaker Pro I 10/2 Fri 9am-1pm \$75
Filemaker Pro II 10/9 Fri 9am-1pm \$75
Quark I 10/14 Wed 9am-1pm, 10/19 Mon 6-10pm \$75
Quark II 10/21 Wed 9am-1pm, 10/26 Mon 6-10pm, \$75
Excel I 10/8 Thur 6-10pm \$75
Excel II 10/15 Thur 6-10pm \$75
PageMaker I 10/19 Mon 9am-1pm, 10/30 Fri 9am-1pm \$75
PageMaker II 10/1 Thur 9am-1pm, 10/26 Mon 9am-1pm \$75
Desktop Publishing Comprehensive I 9/15-10/20 Tue 6-10pm \$300
Photoshop 9/10-10/1 Thur 6-10pm \$300
MacroMind Director 9/22-10/13 Tue 9am-1pm \$300

Fiction Writing Workshop Intensive creative writing workshop with noted novelist & editor Tom Jenks. 9/29-11/17 Tue 7:30-10:30pm \$600/course Bldg C 558-9919

Introduction To The Ideas Of Gurdjieff A weekly meeting to discuss the practical application of Gurdjieff's ideas in daily life. 10/5-26 Mon 8-10pm FREE Gatehouse (707) 823-8616

Tarot & Cabala Studies in the mystic sciences of Ageless Wisdom. 10/1-29 Thur 8-10pm FREE Bldg C (510) 835-0953

Tarot: The Process 10/24-11/7 Sat 2-4pm \$12/week, \$30/3 weeks Bldg C 563-8746 see 10/24

Mace Instruction/Security Training Institute Department of Justice Mace licensing course. 10/5&19 Mon 6-8pm \$40 (includes license & Mace canister) Bldg C 334-1151

Self-Defense Learn grappling & locks, timing against single & multiple opponents, empty hand free fighting, breath exercises & more. 10/7-21 Wed 6-8pm \$20/mo Bldg C 441-8986

Self-Defense Seminar Beginning students learn basic survival skills & more advanced students receive the training to reach higher levels of skill. 10/11&18 Sun 8-11am \$8/class Bldg C 752-1154

Tear Gas Certification/Personal Protection Workshop Includes state certification, psychological skills & back-up physical defense. 10/17 Sat 1-4pm \$40, \$8.50 state permit Bldg C (707) 829-SAFE

Defensive Driving Program A DMV-approved seminar specifically designed to remove a moving violation w/court approval. 10/10&24 Sat 8am-4pm \$25/course Gatehouse (800) 736-8723

Traffic Violator School DMV licensed & court-approved, the school features affordable, sophisticated easy learning that's also interesting & fun. 10/31 Sat 8am-4:15pm \$25/course Bldg C (805) 735-7067

Mature Drivers Safety Seminar DMV-approved program taught by California State Automobile Assn. 10/27 Tue 9am-4:30pm \$21-\$19 Bldg C (800) 637-2122

CHILDREN'S CLASSES



Kumon Math Individualized self-paced positive mathematics for children of all ages. 10/3-28 Sat 9am-Noon, Wed 3:30-6:30pm \$65/mo Bldg C 347-8818

SF Children's Art Center Instruction in drawing, printmaking & sculpture. Individual attention to each child's development, ages 2-12. Bldg C 771-0292

Make-A-Circus offers participatory arts/social services, workshops, theater performances & community shows. Teens are encouraged to apply for the teen apprentices program; other services include "clown therapy." Bldg C 778-8477

Young Performers Theatre Dramatic arts classes for ages 3 & above. Bldg C 346-5550
The Lion, The Witch & The Wardrobe Lucy, Susan, Peter & Edmund step into their closet & out the other side into the magical, mystical & mysterious land of Narnia. 10/24-11/22 Sat-Sun 1&3:30pm \$7-\$5 see 10/24

Youth Challenge Leadership School Youth between 14&18 meet new friends, face new challenges, learn camping & outdoor skills, have fun! Sponsored by Environmental Traveling Companions, which provides wilderness adventuring for people with varying abilities & special needs. Scholarships available. Bldg C 474-7662

MARTIAL ARTS



Chinese Martial Arts w/Jack Man Wong. Tai Chi Chuan & Northern Shaolin for robust health, high spirits, rational thinking & self-defense. 10/4-28 Wed 5:30-7:30pm, sun 10am-Noon \$40/mo Bldg C (510) 261-7105

ICI Tai Chi Chuan w/Sifu Fong Ha. Complete classical forms w/emphasis on meditative aspects. 10/1-29 Tue&Thur 7:30-9:30pm \$50-\$40/mo Bldg C (510) 524-4718

Original Tai Chi Chuan Sifu Gene Chen teaches the original complete system for serious students only. 10/1-29 Tue&Thur 7:45-9:45pm \$45/mo Bldg C 661-3786

Northern Shaolin Kung-Fu Classical weapons & hand-forms for exercise & self-defense. 10/2-30 Fri 6:30-8:30pm \$25/mo Bldg C 776-0197

Somatic Tai Chi Chuan Increase body awareness & flexibility w/Tai Chi Chuan. Taught by Dr. B.C. Bennett. 10/5,19,26 Mon 6:30-8pm \$30/mo Bldg C 282-2676

Taoist Exercise Class Learn a variety of Chinese martial arts, breathing exercises & meditation. 10/1-25 Thur 6-7:30pm, Sun 10am-2pm \$50/mo Bldg C 885-6325

The Art Of Tai Chi - Praying Mantis Rational training in weapons, internal exercises, hand-forms, capturing techniques & open discussion on martial arts principles. 10/5-26 Mon 8-10pm \$30/mo Bldg C (510) 797-2203

Authentic Shaolin Temple/Wudang Mountain Kung Fu Physical conditioning, martial arts, internal exercises & meditation. For serious students only. 10/1-30 Tue&Thur 6-7:30pm, Fri 7-8:30pm, \$50/mo Bldg C 564-9282

Yi Chuan & Buddhist Chi Gung Taught by Master Cheuk Fung, this class is for those seeking health, healing & genuine martial arts ability. 10/1-29 Tue&Thur 7:30-9:30pm \$60/mo Bldg C (510) 658-4621

ENVIRONMENT



Environmental Traveling Companions Experience the magic of sea kayaking or whitewater rafting while you contribute to wilderness access programs for people w/disabilities & disadvantaged youth. Scholarships are available for people with special needs. Bldg C 474-7662

Friends Of The River Rafting & kayaking trips on California & Colorado rivers, the Grand Canyon & beyond. Proceeds benefit river conservation efforts. Bldg C. For information, call 771-0400

Sailing Education Adventures A nonprofit community volunteer program that emphasizes enjoying & caring for the Bay & ocean environment. US Sailing Assoc. certified volunteers assist beginners & experts alike. Beginning sailing classes taught monthly. Bldg E 775-8779

Oceanic Society Expeditions Discover the amazing wildlife of the Gulf of the Farallon Islands. May-Nov Sat & Sun, select Fri \$58-\$49 Bldg E 474-3385

J. Porter Shaw Maritime Library Premier collection of commercial maritime history, including books, magazines, oral histories, ships' plans & the SF Maritime National Historical Park's 250,000 historic photographs. Orientations by reservation. 9am-Noon FREE Building E 556-9870

VISUAL ARTS & MEDIA



City College Of SF Art Center At Fort Mason offers classes in painting, drawing, sculpture, textiles, printmaking, photography, basketry, jewelry, stained glass, ceramics, & the business of art. Also offered are classes in ornithology, real estate, food & wine & dance. Bldg B 561-1840
Botanical Watercolor 10/24-12/5 Sat 9am-Noon \$85 see 10/24
Low-Fire Ceramics 10/28-12/16 Wed 6-10pm \$110 see 10/28
Decorative & Faux Painting 10/24-12/19 Sat 1-4pm \$95 see 10/24
Life Drawing Studio 10/31-12/19 Sat 9am-Noon \$95 see 10/31
Beginning Landscape Drawing & Painting 10/31-12/19 Sat 9am-Noon \$100 see 10/31
Mural Arts/Public Painting 10/31-12/19 Sat 9am-Noon \$135 see 10/31
Papermaking 10/31 Sat 9am-5pm \$50 see 10/31
Paper As A Sculptural Medium 10/26-12/7 Mon 6-9:30pm \$130 see 10/26
Learn To Paint 10/31-12/19 Sat 1-4pm \$95 see 10/31
Figure Painting, An Introduction 10/31-12/19 Sat 12:30-3:30pm \$95 see 10/31
Black & White Printing 10/24-12/5 Sat 10am-1pm \$114 see 10/24
Life Sculpture 10/14-11/18 Wed 6-10pm \$110 see 10/14
The Small Book 10/31 Sat 9am-5pm \$60 see 10/31
Watercolor For Beginners 10/31-12/19 Sat 1-4pm \$95 see 10/31

Wellness Support Group focuses on both the mental & physical aspects of staying well. 10/1-29 Tue&Thur 5-6:45pm FREE Gatehouse (510) 376-7653

Ghostbusting, Inc. Busting ghosts of negative emotions out of your life. 10/17&31 Sat 9am-Noon or 1-4pm \$39 Bldg C 771-7633 see 10/17

Cajun Dance Class "If you want some romancin', you better learn some dancin'." Dianne Castillo teaches swing, jitterbug, waltz, zydeco two-step & shuffle, all done the Cajun way. 10/7-11/18 Wed 7&8pm \$45/7 weeks Bldg C (510) 549-3591

Irish Country Dance Larry Lynch teaches Irish set dancing for adults; no partner necessary. Last class of each month features an Irish dance party with refreshments. 10/7-21 Wed 8-9:30pm, 10/28 Wed 8-11pm \$45/9 lessons Bldg C 863-6424

Natural Eyesight Improvement Introductory workshop on a self-healing method for improving your vision. Includes improvement in nearsightedness, farsightedness & astigmatism. 10/14-12/9 Wed 7:30-9:30pm \$200/course Bldg C 441-8683

Faux Marbelizing Workshop 10/24, 11/14, 12/5 Sat 11am-4:30pm \$70/session Bldg C 431-1888 see 10/24

Media Alliance Classes, workshops & panels for print & broadcast journalists, photographers & writers. Bldg D. For information, call 441-2557
How To Become A Food Writer 10/5-19 Mon 6:30-9pm \$76
Writing On Science, Health & The Environment 10/8-22 Thur 6:30-9pm \$70
Brainstorming Fiction With Herbert Gold 10/13-27 Tue 7-9pm \$94
Printing Demystified: Bridging the Gap Between You & Your Printer 10/24 Sat 1:30-5:30pm \$45
Photo-Editing & Research 10/29&11/5 Thur 7-9:30pm \$50

National Poetry Association offers a Poetry Film Workshop w/an emphasis on creating "film poetry." Introductory course in basic filmmaking & editing includes scripting, storyboarding & camera work. FMC "Friends" 25% off each class w/mbrs card. Pre-reg. req. Bldg D 776-6602
Leading Poets Of Our Century Series "Telling It Like It Is: Charles Bukowski & Quincy Troupe" 10/2 Fri 7:30pm \$3 see 10/2
Retrospective Of Award-Winning Poetry Films 10/9-30 Fri 7:30-9:45pm Media Alliance see 10/9
Round Robin Readings 10/4-25 Sun 7:30pm \$1 see 10/4

Textile Design Classes & workshops by Teliha Draheim. Bldg C 258-0342
Break Into The World Of Textile Design 9/30-12/2 Wed 7-15-9:45pm \$350
Designing The '90s Continuing study & portfolio development. 10/6-2/2 Every other Tue 7:15-9:45pm \$350/10 sessions Bldg C see 10/6
Screenwriting: The Whole Picture 10/3-4 9:30am-5pm \$250 Bldg A (818) 906-2785 see 10/3

Western Public Radio Classes & workshops in all aspects of radio, including broadcasting, production & technical. Bldg D 771-11602

HEALTH & RECREATION



Applied Insights Learn healthy eating habits, strength & flexibility, personal style & wardrobe management as well as emotional, psychological & spiritual well-being. 10/7-28 Wed 6-9pm \$285 Firehouse 292-4876

Breathwork With Sandro D'Amico Healing the body, mind & spirit. 10/10 Sat 10am-2:30pm \$40 Gatehouse 344-0579 see 10/10

Awareness Through Movement/Feldenkrais Method Julie Casson teaches gentle movement lessons designed to improve overall quality of movement. Learn to move with grace & ease, improve breathing, flexibility & strength; wear loose clothing. 10/6-27 Tue Noon-1pm \$8/class Bldg C 333-6644

Greek Folk Dance Enjoy Bay Area Greek festivals, learn the fundamentals of popular Greek folk dances w/Anna Elfstathou. 10/5-26 Mon 8-10pm \$6-\$5/class Bldg C (510) 339-8357

Gentle Power Aerobics Gentle but challenging stretching & conditioning program for people over 40. 10/1-30 Mon-Fri 9:30-10:30am \$5-\$3/hr Bldg C 435-9784

Wellness Support Group focuses on both the mental & physical aspects of staying well. 10/1-29 Tue&Thur 5-6:45pm FREE Gatehouse (510) 376-7653

Ghostbusting, Inc. Busting ghosts of negative emotions out of your life. 10/17&31 Sat 9am-Noon or 1-4pm \$39 Bldg C 771-7633 see 10/17

Cajun Dance Class "If you want some romancin', you better learn some dancin'." Dianne Castillo teaches swing, jitterbug, waltz, zydeco two-step & shuffle, all done the Cajun way. 10/7-11/18 Wed 7&8pm \$45/7 weeks Bldg C (510) 549-3591

Irish Country Dance Larry Lynch teaches Irish set dancing for adults; no partner necessary. Last class of each month features an Irish dance party with refreshments. 10/7-21 Wed 8-9:30pm, 10/28 Wed 8-11pm \$45/9 lessons Bldg C 863-6424

Natural Eyesight Improvement Introductory workshop on a self-healing method for improving your vision. Includes improvement in nearsightedness, farsightedness & astigmatism. 10/14-12/9 Wed 7:30-9:30pm \$200/course Bldg C 441-8683

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Please call (415) 441-5706 for information, Monday through Saturday, 9am to 5pm.

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FORT MASON CENTER

Fort Mason Foundation: office in Landmark Building A, open Monday through Saturday, 9am-5pm.

Founded in 1976

All events are presented through the cooperation of the Fort Mason Foundation.

24-hour recorded message of information about Fort Mason Center activities and events: call 441-5705.

Calendar design: Broom & Broom, Inc. Printer: Howard Quinn Co.

Change of Address: Forward both old and new addresses, plus a copy of your most recent mailing label to: Calendar, Landmark Building A, Fort Mason Center, San Francisco, CA 94123-1382

RAMP & ELEVATOR ACCESS at Fort Mason: With advance notice, arrangements can be made for people with mobility impairments and wheelchair-users. Call 441-5706.

RESIDENT DIRECTORY

Fort Mason Center houses over fifty resident organizations. These groups can provide you with information on printmaking, broadcasting, river rafting, freelance writing, theater, marine ecosystems, copyrights, the recording business and much more. Visit the offices to find out what services, speakers, classes, or trips these outstanding Bay Area groups have to offer.

BUILDING A

City Celebration, Inc. (474-3914)
Fort Mason Foundation (441-5706)
Greens Restaurant (771-6222)
SF Craft & Folk Art Museum (775-0990)
SF Folk Music Center/Plowshares Coffeehouse (681-7966)
SFMMA Rental Gallery (441-4777)
Tassajara Bread Bakery 2 (771-6330)

BUILDING B

Arts Arbitration & Mediation Services (775-7715 or 775-7200)
California Tomorrow (441-7631)
City College of SF Art Center at Fort Mason (561-1840)
Cooks & Company (673-4137)
Earth Drama Lab (441-4441)
Life On The Water (885-2790 office, 776-8999 box office)
Marine Exchange (441-6600)
Ploughshares Fund (775-2244)

BUILDING C

ArtHouse (775-7200)
Book Bay Bookstore (771-1076)
California Lawyers for the Arts (775-7200)
Environmental Traveling Companions (474-7662)
Friends of the River (771-0400)
The Fund for Animals (474-4020)
Make-A-Circus (776-8477)
Museo ItaloAmericano (673-2200)
Performing Arts Workshop (673-2634)
SF African American Historical & Cultural Society (441-0640)
SF Children's Art Center (771-0292)
Tuolumne River Preservation Trust (292-3531)
Young Performers Theatre (346-5550)

BUILDING D

Blue Bear School of Music (673-3600)
Friends of the SF Public Library (771-3777 or 558-3857)
Magic Theatre (441-8001 office, 441-8822 box office)
Media Alliance (441-2557)
Computer Access (771-7133, 771-1671)
Mexican Museum (441-0404 gallery, 441-0445 office)
National Poetry Association (776-6602)
Western Public Radio (771-1161)

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Individual—Monthly Calendar • Friends card • Magic Theatre season subscription discount (late summer/early fall) • single-ticket discount for Magic Theatre, Life On The Water • 5% off sales at SFMMA Rental Gallery • discounts on selected special events
Bonus/Family—All of the above + 2nd Friends card
Participating—All of the above + a tin of Fortnum & Mason's FortMason Tea
Supporting—All of the above + coupon for free fine art quality Special Event poster
Donor—All of the above + 2 tickets to a Cowell Theater performance

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BUILDING E

Associates of the J. Porter Shaw Library (556-9870)
Earth Island Institute (921-3140)
Lifeline Marine Research (775-6497)
Marine Mammal Fund (775-4636)
Oceanic Society Expeditions (441-1106)
Sailing Education Adventures (775-8779)
SF Maritime National Historical Park Headquarters (556-3002)
Collections Storage Facility (556-1659)
Historic Documents Department (556-9876)
J. Porter Shaw Library (556-9870)
Yacht Racing Association of SF Bay (771-9500)

PIERS

PIER 1
BayKeeper (567-4401)
National Liberty Ship Memorial SS Jeremiah O'Brien, offices (441-3101)
Resource Renewal Institute (928-3774)
Green Century Project
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PIER 2
Bayfront Gallery (441-5706)